

"Who better to so softly bind up the wound of another, than he who has suffered the wound himself?" ~ Thomas Jefferson

"H.E.A.R.T.S. was the first

resource that we were referred to after the loss of our baby. We would have been lost forever without the dedication of the facilitators." ~ Milne Family

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"The quick response to our message was so comforting to us. And the knowledge & experience of the volunteers made an incredible difference in our healing.

~Barter Family

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"The death of a baby is like a stone cast into the stillness of a quiet pool; the concentric ripples of despair sweep out in all directions, affecting many, many people."

~ DeFrain, 1991

Meetings located at

Red Deer Bremner Ave
Community Health Centre
2845 Bremner Avenue

Email address:

heartreddeer@shaw.ca

Mailing address

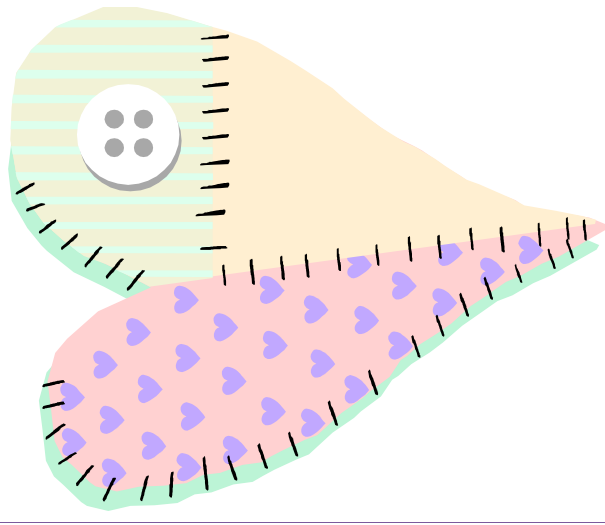
99 Amot Ave.
Red Deer, AB. T4R 3S6
Fax (403) 347-4356



Would you like to receive our monthly newsletter?

Just give us a call, fax or email.

H.E.A.R.T.S. Red Deer Chapter is a non-profit program operating under the umbrella of Red Deer Hospice Society.



H.E.A.R.T.S.

~Red Deer Chapter~

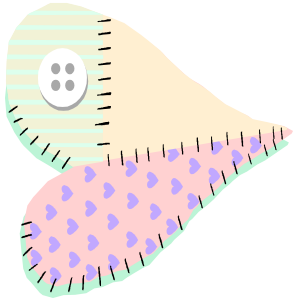
A Baby Loss Support Program for anyone who has been touched by the loss of a baby during Pregnancy or shortly after Birth.

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H.E.A.R.T.S. is an acronym for "Helping Empty Arms Recover Through Sharing."

(403) 309~4344 ext. 105

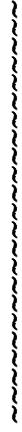
# H.E.A.R.T.S. ~ Helping Empty Arms Recover Through Sharing



## H.E.A.R.T.S. ~Red Deer Chapter~

provides bereaved families with:

- ♥ Monthly "Sharing & Caring" Baby Loss Support Group
- ♥ Resource Information
- ♥ Community Presentations
- ♥ Baby Angel Certificates
- ♥ Monthly Newsletter
- ♥ Website



Our "Sharing & Caring" Baby Loss Support Group has been designed to help families through the loss of their precious baby ~ providing peer-support & education (non-counseling). Each meeting gives parents an opportunity to meet others who share similar losses, in a safe & confidential environment. Our facilitators are all parents who have been through the experience of baby loss & are trained to listen with compassion & empathy.



Second Thursday of Each Month  
7:00 - 9:00 pm  
at  
Red Deer Bremner Ave Community Health Centre  
2845 Bremner Avenue

"We are forever changed for having known the gift that was you. We miss you terribly & the person you would have become, but we are better people because you touched our lives ... if only for a brief moment."

~ Author Unknown ~

